

Association of Certified Training

Hayley Tasker
Lee Hollins

About ACT

- ✓ A UK charity providing certification for training that includes physical restraint.
- ✓ Licensed by the Restraint Reduction Network to certify training services as complying with the RRN Training Standards.
- ✓ Accredited by the United Kingdom Accreditation Service (UKAS).





Bild
Association
of **Certified**
Training

Assess – Certify – Transform

Restraint Reduction Network



2nd Edition: Thinking About What Might Be?

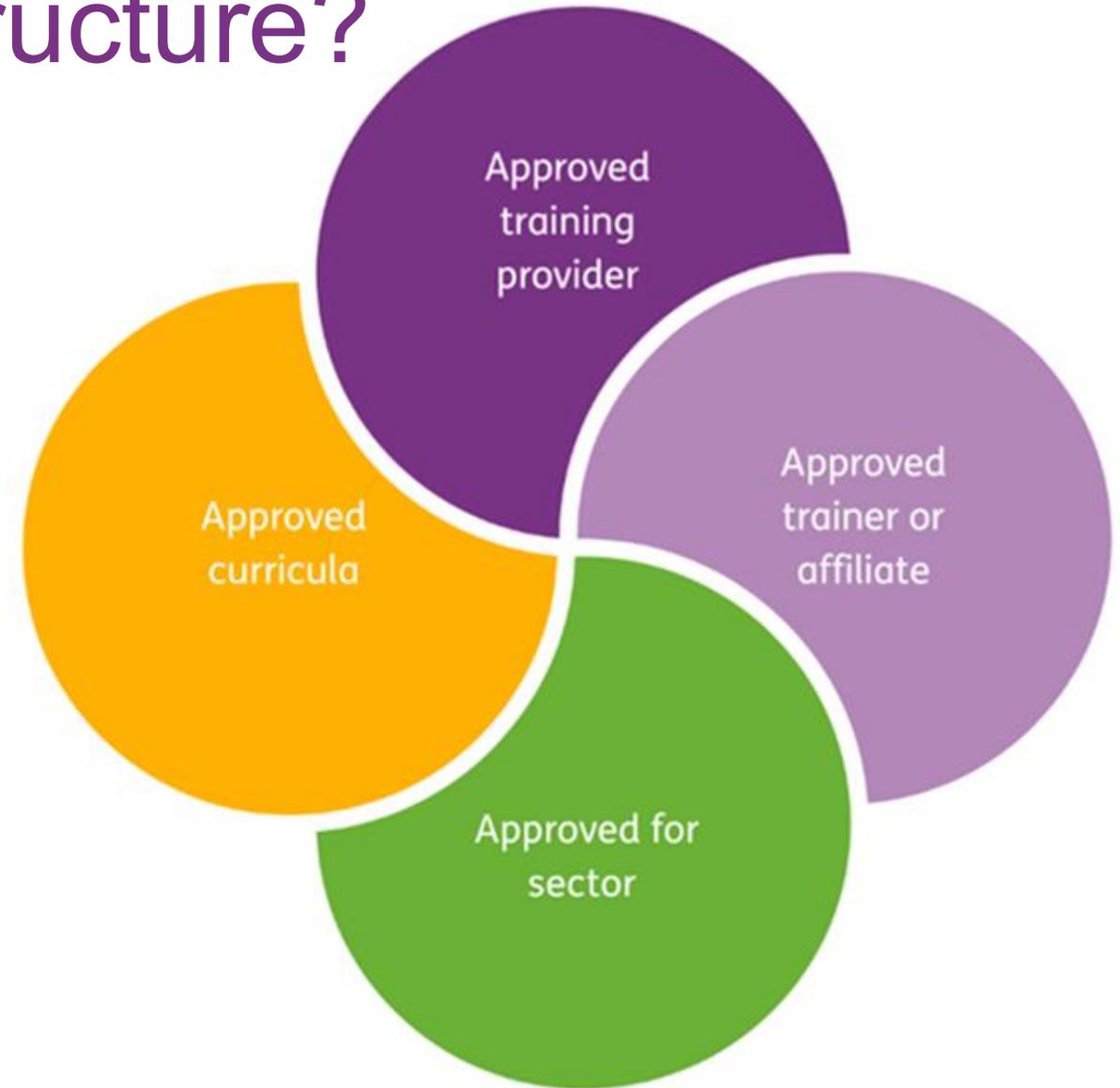
Aims of the RRN Training Standards

- Protect people's fundamental human rights and promote person centred, best interest and therapeutic approaches to supporting people when they are distressed.
- Improve the quality of life of those being restrained and those supporting them.
- Reduce reliance on restrictive practices by promoting positive culture and practice that focuses on prevention, de-escalation and reflective practice.
- Increase understanding of the root causes of behaviour and recognition that many behaviours are the result of distress due to unmet needs.
- Where required, focus on the safest and most dignified use of restrictive interventions including physical restraint.

2nd Edition: A New Structure?

Four sections:

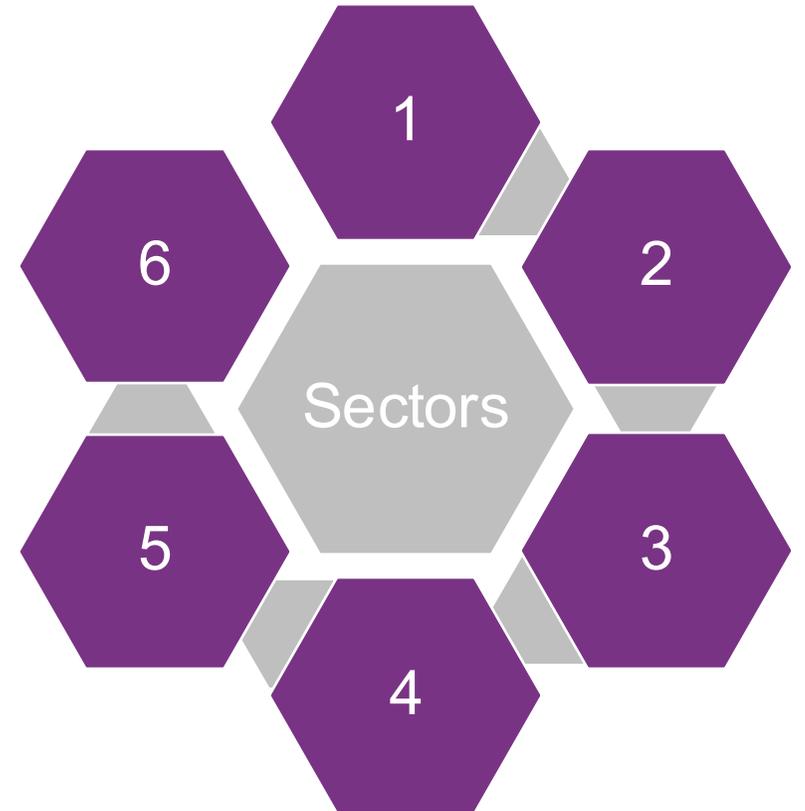
1. Training Orgs
2. Curricula
3. Trainers
4. Sector and nation specific*



2nd Edition: Six Sectors?

Six versions:

1. Education settings (schools & further education)
2. Social care,(including residential homes, nursing homes, domiciliary care)
3. Mental health
4. Acute hospitals (including A&E)
5. Healthcare security staff
6. Ambulance and patient transport



2nd Edition: Five Levels?

Level 1	Preventative theory.
Level 2	De-escalation.
Level 3	Breakaways.
Level 4	Standing and seated restraints, requiring no more than two staff (including clinical holding and personal care).
Level 5	Restrictive interventions requiring more than two people to implement, floor restraints and restraints that involve other restrictive interventions (e.g., seclusion).

2nd Edition: Measuring Impact?

- Learning outcomes which must be achieved
- Training providers will have to demonstrate impact of training at recertification



2nd Edition: Lived Experience?

- Training delivery partners?
- Opportunities for learners to interact with trainers with lived experience of being restrained?
- Implications for Affiliate Organisations?



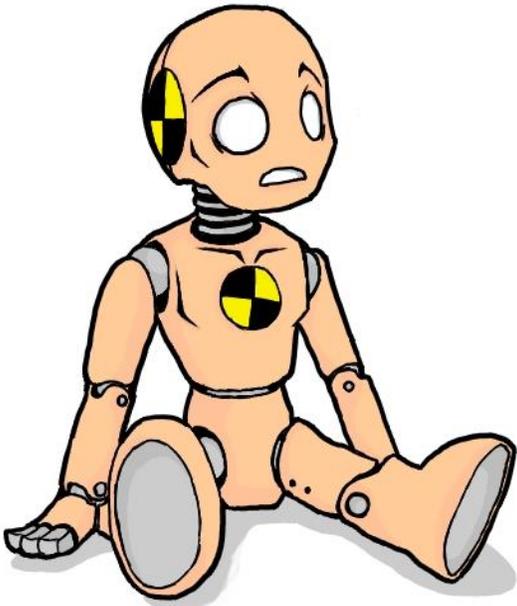
2nd Edition: Practice Leadership?

- There is a move away from restraint trainers to **restraint reduction practice leaders**



Trial of 2nd Edition RRN Training Standards

- Trial organisations
- Survey 1 - Clarity
- Survey 2 - Quality
- Trial evidence submission
- Focus group
- Feedback to RRN



Trainer Requirements & Expectations

- Teaching skills / experience
- First Aid
- Relevant professional qualification
- Sector experience
- Trainer training
- CPD
- Peer review



Additional requirements?

Trainer Requirements & Expectations

- Venue suitability
- Safety of training
- Curriculum congruence
- Training based on identified needs
- Trainer professionalism

Anything else?



Thank you



bildact.org.uk/ACTmailinglist



bildact.org.uk/resources

