

Dear Maybo Training Participant,

You have been allocated a place on a Maybo training course that involves practicing low-level physical skills that have been identified by your employer as providing appropriate safety strategies necessary for your role. For more information about Maybo, please visit www.maybo.com.

Benefits: The course is intended to help reduce risks to you and others in your work. It will explore strategies and skills for reducing conflict and improving personal safety. The physical interventions taught are for use in last resort scenarios where non-physical strategies are insufficient and where there is imminent risk of harm. Physical intervention methods will be considered within the context and requirements of your role and the needs and vulnerabilities of the people you support and work with. This course focuses on reducing the need to use force and, when used, structuring force in safer, ethical and lawful ways.

Training Safety: Please note that while this training method is to help improve your safety and the safety of others, there is always a possibility of injury when physical techniques are practiced. It is important that your employer has determined that you need and can perform the techniques within the scope of your regular duties.

By participating in the Maybo training course, you confirm that you are able to engage in light to moderate physical activity.

Pregnant women should not teach or participate in Maybo restrictive physical intervention training. They can however participate in non-restrictive physical skills training when pregnant provided: (a) Their employer is aware and supportive, and (b) The person concerned is confident she is able to safely participate and wants to. She should first consult her doctor if unsure.

You need not participate in any training activity you feel is unsafe or makes you feel uncomfortable. Please participate at a level you are comfortable with in consultation with the trainer.

Clothing: Comfortable loose-fitting clothing and stable closed-toe shoes should be worn for the practice of physical skills. Please keep jewellery to a minimum as it may need to be removed.

Behaviour: You are expected to behave professionally at all times during the training and are to show respect for each other and follow the trainer's safety instructions. If at any time during the training (or in its operational use) you observe any disruptive or unprofessional behaviour, please report it immediately to your trainer, your line manager or directly to Maybo as appropriate.

If you have any further questions or concerns, please speak to your line manager. We hope you enjoy the course and find it beneficial in making your work safer.

Maybo