

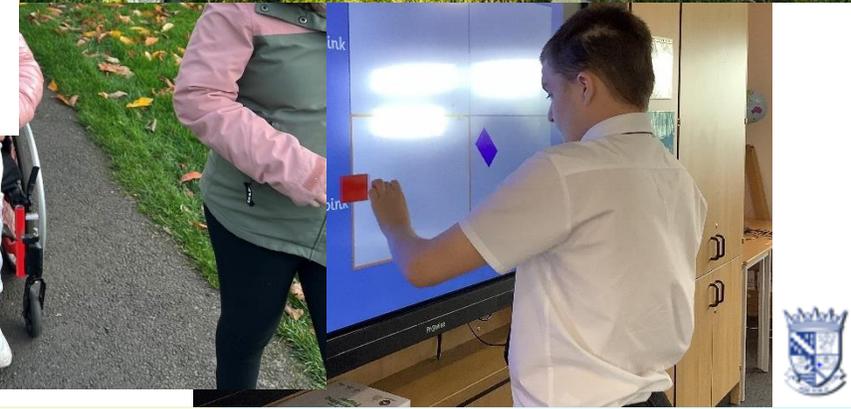
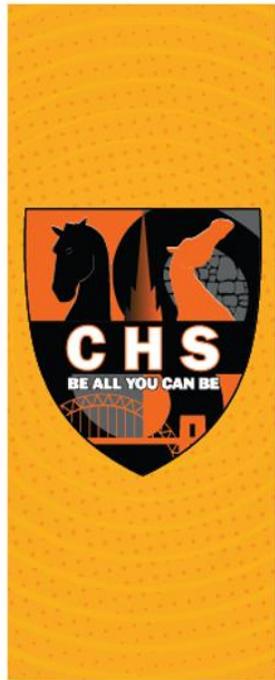


CARRONGRANGE HIGH SCHOOL  
Where you can be all you can be



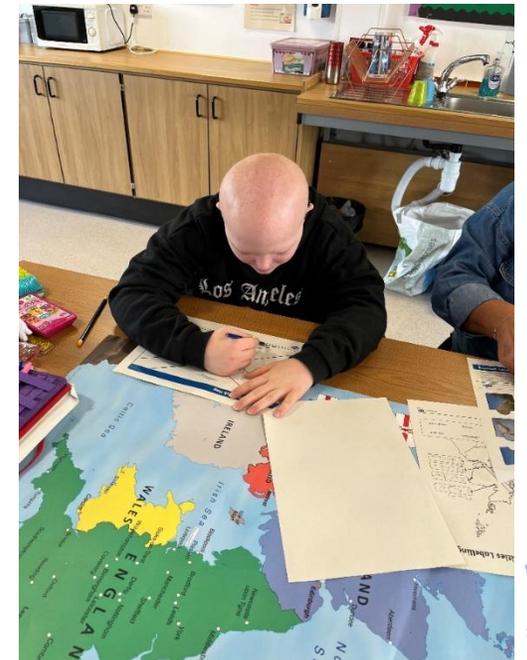
**R**ESPECT  
**E**SILIENCE  
**R**ESPONSIBILITY

# Carrongrange High School, Falkirk, Scotland





CHS supports 152 young people with Falkirk's most complex additional support needs. We have young people from across the whole authority with class sizes of 6-8 and an adaptive curriculum. Learning focuses on developing skills for life and promoting as much independence as possible. Much of our work also supports regulation and socialisation strategies. This is where Maybo comes in.





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# RESPECT RESILIENCE RESPONSIBILITY

**UN Convention on the Rights of the Child**

Children's Commissioner

**Survival**  
You have a right to the world's best water, food & clean air to stay healthy.

**Development**  
You have a right to an education, healthcare to ensure your life.

**Participation**  
You have a right to say how you feel. Be listened to, and taken into account.

**Protection**  
You have a right to be treated well. You must not be exploited.

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31	32	33	34	35	36
37	38	39	40	41	42

## Protection

A child has the right to be protected from neglect, exploitation and abuse at home, and elsewhere.

## Education

An education that develops their talents and interests.





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## Our Maybo Journey

Positive and Safer  
Approaches to  
Behaviour

### October 2018:

- ✓ High rates of dysregulated behaviour
- ✓ Lack of policies and procedures to support behaviour and wellbeing
- ✓ Staff absence rates at 36%

#### Areas we can help

- ✓ Identifying risk scenarios and behaviours of concern
- ✓ Understanding children's developmental needs and behaviours
- ✓ Whole school approach and teamwork
- ✓ Trauma and attachment informed approaches
- ✓ Positive behavioural support
- ✓ Positive approaches and de-escalation
- ✓ Reducing vulnerability and restrictive practices
- ✓ Safer, low arousal interventions





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**R**ESPECT  
ESILIENCE  
RESPONSIBILITY





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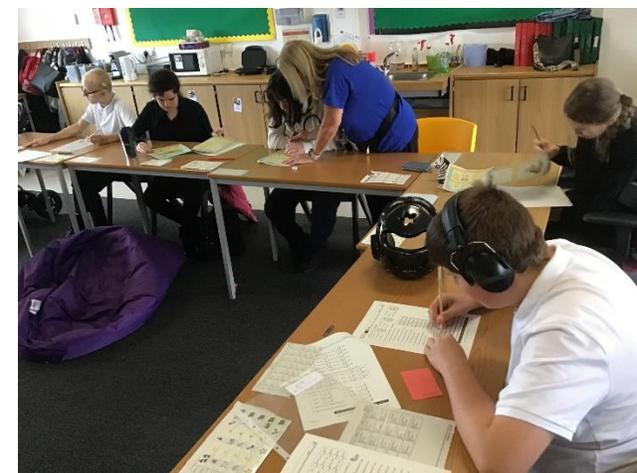
**R**ESPECT  
**ES**ILIENCE  
**RESP**ONSIBILITY

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## Our Maybo Journey

**May 2019:**

- ✓ Policies and systems in place to manage dysregulation
- ✓ All of the extended leadership team trained in levels 1 and 2





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## Our Maybo Journey

### August - November 2019:

- ✓ All 95 staff trained in Maybo levels 1 & 2

### December 2019:

- ✓ Increased staff confidence in using Maybo training to manage dysregulated behaviours
- ✓ Debrief embedded and improving planning around targeted young people
- ✓ 85% reduction in staff being hurt





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**R**ESPECT  
**E**SILIENCE  
**R**ESPONSIBILITY



# Our Maybo Journey

## Why such a significant impact?

- Leadership
- Clear policies and systems to support wellbeing of all
- Maybo: gave us the tools to provide consistent, safe management of dysregulated behaviour





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## Our Maybo Journey

### August 2022 – Current:

- ✓ Consultation with Maybo around our context, incidents and a package of support at Level 3
- ✓ Resulted in Fiona becoming a Maybo 3 trainer and our development of a Maybo 3 response team
- ✓ Developing a new role for Fiona – Behaviour Support PT – a new focus around early intervention strategies using the Maybo framework
- ✓ Ongoing support and development of staff wellbeing policy and practice

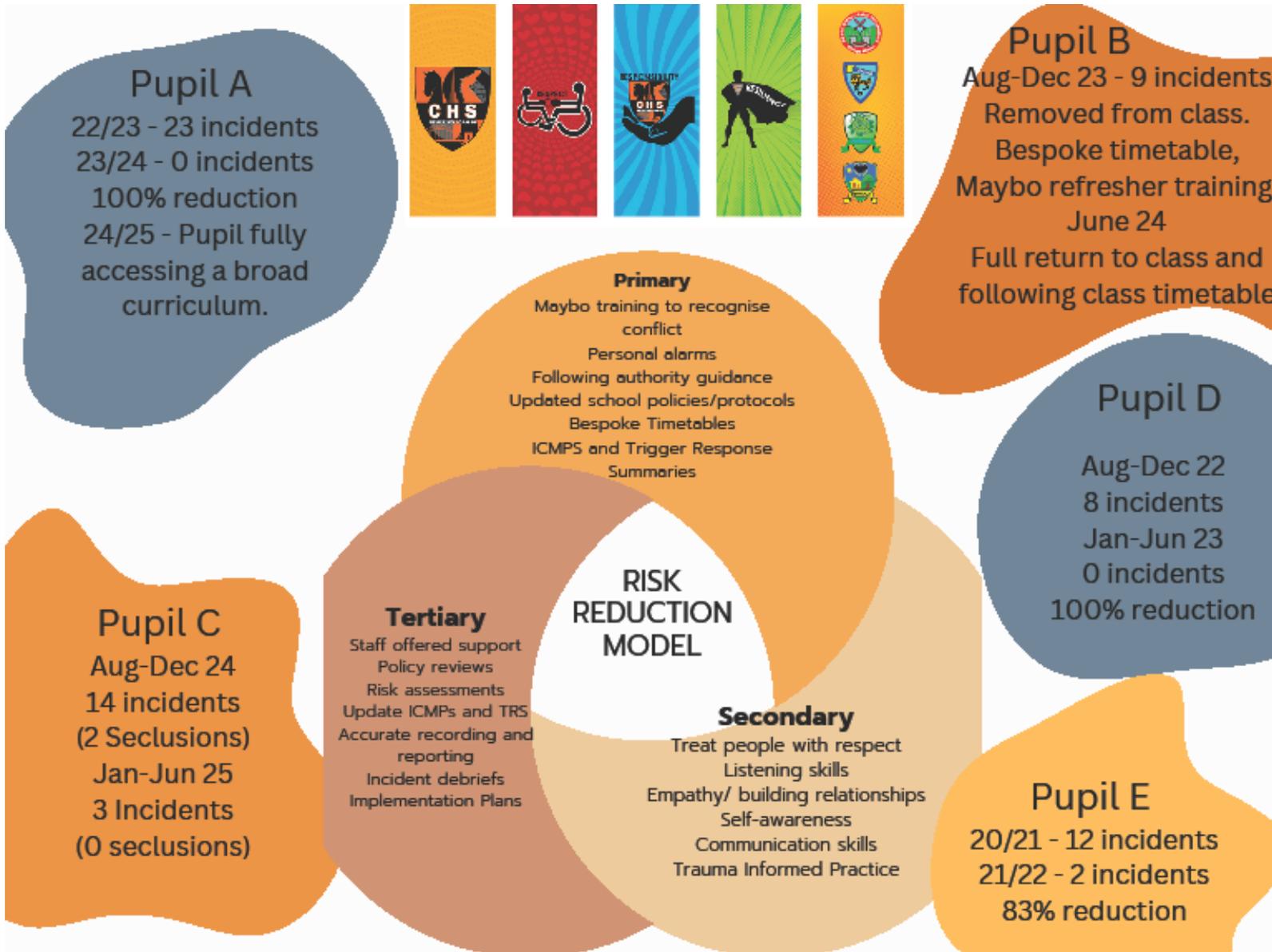


# CARRONGRANGE HIGH SCHOOL

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# RESPECT RESILIENCE RESPONSIBILITY





## Where are we now in our Maybo Journey?

### ✓ **Our team has been a part of Scottish Government consultations:**

- The Restraint and Seclusion in Schools (Scotland) Policy, March 2025
- Relationships and behaviour: National policy guidance, August 2025

### ✓ **Falkirk Council policy:**

- Evotix recording of workplace violence
- Managing dysregulated behaviour outreach team
- Updated policies regarding Relationships for Learning (all schools) and Managing Restraint and Seclusion
- Advising other sectors on supporting dysregulated behaviours

### ✓ **Local Authorities across Scotland**

- To date, we have supported 3 other local authorities across Scotland in conversations around our use of Maybo and planning around their models of support

***A 'Gold Standard Model of Support' now exists at Carrongrange High School***



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# RESPECT RESILIENCE RESPONSIBILITY

